

MERSEYSIDE – ESAA MEDALLISTS

GIRLS

1975	I	800m	2	Janet Lawrence	1986	S	LJ	1	Margaret Cheetham
1976	J	HJ	3	Wendy Laing	1987	J	CC	1	Joanne Colleran
1976	S	CC	1	Janet Lawrence	1987	J	2.5k Walk	3	Carolyn Brown
1976	S	800m	2	Janet Lawrence	1987	J	100m	3	Sally Hadfield
1977	J	1500m	3	Paula Matheson	1987	J	1500m	3	Joanne Colleran
1977	J	HJ	3	Wendy Laing	1987	J	4x100m	1	Merseyside
1978	J	CC	3	Paula Matheson	1987	I	CC	1	Liz Hamill
1978	J	1500m	1	Paula Matheson	1987	S	400mH	2	Sharon Bowen
1979	I	200m	2	Jayne Christian	1988	J	2.5k Walk	1	Carolyn Brown
1979	I	HJ	3	Delia Kerfoot	1988	J	100m	3	Nicola Sutton
1979	S	4x100m	3	Merseyside	1988	J	75mH	1	Yvonne D'Arcy
1980	J	1500m	3	Lynn Vose	1988	S	100mH	2	Sharon Bowen
1980	J	HJ	2=	Linda Wong	1988	S	400m	2	Susan Crompton
1981	J	SP	2	Kathryn Farr	1989	J	2.5k Walk	2	L. Young
1981	S	100m	1	Jayne Christian	1989	J	200m	2	Diane Allahgreen
1981	S	100mH	3	Wendy Laing	1989	I	80mH	3	Yvonne D'Arcy
1982	J	LJ	2	Margaret Cheetham	1990	J	200m	2	Sophie Cocker
1982	S	400m	1	Ann Williams	1990	I	80mH	3	Yvonne D'Arcy
1983	J	HJ	3=	Jackie Kinsella	1990	I	LJ	1	Ruth Irving
1983	J	LJ	1	Margaret Cheetham	1990	S	800m	3	Zena Williams
1983	I	400m	3	Jennifer Howell	1990	S	LJ	3	Jayne McCoy
1984	J	DT	3	Paula Harris	1991	J	SP	1	Helen Wilding
1984	J	JT	3	Jacqueline Cotton	1991	I	4x100m	2	Merseyside
1984	J	LJ	2	Lyn-Marie Connolly	1991	I	80mH	1	Diane Allahgreen
1984	I	LJ	1	Margaret Cheetham	1991	S	LJ	1	Ruth Irving
1984	I	SP	3	Gillian Keig	1991	S	LJ	2	Jayne McCoy
1984	S	DT	2	Kathryn Farr	1992	J	PEN	2	Louise Dixon
1985	J	JT	3	Margaret Lewis	1992	I	300m	1	Sophie Cocker
1985	J	LJ	1	Lynn-Marie Connolly	1992	I	4x100m	2	Merseyside
1985	I	100m	2	Jane Buchanan	1992	I	SP	1	Helen Wilding
1985	I	1500m	3	Amanda Holmes	1992	S	100mH	1	Diane Allahgreen
1985	I	4x100m	1	Merseyside	1992	S	4x100m	2	Merseyside
1985	I	LJ	1	Margaret Cheetham	1992	S	LJ	1	Ruth Irving
1985	S	DT	2	Kathryn Farr	1993	J	CC	3	Claire Duncan
1985	S	SP	3	Gillian Keig	1993	J	1500m	1	Dawn Adams
1986	J	1500m	3	Elizabeth Drye	1993	I	SP	1	Helen Wilding
1986	J	75mH	3	Rachel Ventre	1993	S	100mH	1	Diane Allahgreen
1986	I	CC	2	Mandy Holmes	1993	S	200m	3	Louise Whitehead
1986	I	100m	1	Danaa Myhill	1993	S	4x100m	2	Merseyside
1986	I	4x100m	1	Merseyside	1994	I	CC	1	Dawn Adams
1986	I	JT	2	Jacqueline Cotton	1994	I	1500m	1	Dawn Adams
1986	I	LJ	3	Lynn-Marie Connolly	1994	I	200m	3	Patricia Weiss
1986	S	4x100m	2	Merseyside	1994	S	100mH	1	Diane Allahgreen

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GIRLS (cont'd)

1994	S	400mH	1	Joanne Mahoney	2004	S	DT	2	Gemma Llewelyn
1994	S	4x100m	3	Merseyside	2005	I	3k Walk	3	Emma Latham
1994	S	SP	1	Helen Wilding	2005	I	300m	3	Carmen Gedling
1995	J	1500m	3	Michelle Whalley	2005	I	80mH	2	Helen Asher
1995	J	HJ	2=	Rachel Harris	2005	I	LJ	3	Alexandra Russell
1995	I	CC	1	Clare Duncan	2005	S	100mH	1	Victoria Garrad
1995	I	3000m	2	Clare Duncan	2005	S	DT	1	Gemma Llewelyn
1995	S	400mH	2	Joanne Mahoney	2006	J	3k Walk	3	Lauren Whelan
1995	S	SP	1	Helen Wilding	2006	J	4x100m	3	Merseyside
1996	J	1500m	3	Jenny Mockler	2006	J	HJ	3	Katarina Johnson-Thompson
1996	J	HJ	2	Rachel Harris	2006	I	300m	1	Carmen Gedling
1996	J	SP	2	Elizabeth Bowyer	2006	I	HT	3	Vicky Johnson
1996	I	JT	1	Jenny Kemp	2006	I	LJ	1	Alexandra Russell
1997	J	CC	1	Catherine Terry	2006	S	5k Walk	3	Emma Latham
1997	J	1500m	2	Catherine Terry	2007	J	PEN	1	Katarina Johnson-Thompson
1997	J	75mH	2	Pam Cook	2007	J	3k Walk	1	Lauren Whelan
1997	I	CC	3	Jenny Mockler	2007	J	4x100m	1	Merseyside
1997	I	1500m	3	Jenny Mockler	2007	J	800m	1	Zoe Woodward
1997	I	SP	3	Elizabeth Bowyer	2007	J	HJ	1	Katarina Johnson-Thompson
1998	J	CC	1	Courtney Birch	2007	S	100mH	2	Helen Asher
1998	J	1500m	3	Courtney Birch	2007	S	400m	2	Carmen Gedling
1998	I	HJ	3	Susannah Green	2008	I	HEP	1	Katerina Johnson-Thompson
1999	J	800m	1	Rachael Thompson	2008	I	3k Walk	1	Lauren Whelan
1999	J	DT	1	Lucy Nesbitt	2008	I	800m	2	Rebecca Linney
1999	S	200m	3	Helen Roscoe	2008	I	HJ	1	Katarina Johnson-Thompson
2000	I	DT	3	Lucy Nesbitt	2008	S	LJ	1	Alexandra Russell
2001	J	75mH	2	Christine Waters	2009	J	3k Walk	3	Sinead Kaneen
2001	I	100m	1	Anyika Onuora	2009	J	800m	1	Chelsea Jarvis
2002	J	75mH	3	Victoria Garrad	2009	J	HJ	1	Kate Anson
2002	J	JT	3	Nicole MacAuley	2009	I	3k Walk	3	Lauren Whelan
2002	S	100m	1	Anyika Onuora	2010	J	800m	3	Chelsea Jarvis
2002	S	100m	2	Helen Taylor	2010	I	HJ	1	Kate Anson
2003	J	3k Walk	3	Emma Latham	2010	I	LJ	2	Danielle McGifford
2003	J	4x100m	2	Merseyside	2010	S	5k Walk	1	Lauren Whelan
2003	J	75mH	1	Helen Asher	2010	S	400m	3	Lauren Brennan
2003	J	75mH	3	Stephanie Brennan	2011	J	HJ	1	Amelia J-McLaughlin
2003	S	400m	2	Vicky Griffiths	2011	I	800m	3	Chelsea Jarvis
2003	S	HJ	1	Elizabeth Sweeney	2011	I	LJ	1	Danielle McGifford
2004	J	200m	3	Carmen Gedling	2011	S	1500m	2	Hanna Tarver
2004	J	75mH	1	Ashley Helsby	2011	S	800m	3	Rebecca Linney
2004	J	LJ	1	Alexandra Russell	2012	J	PEN	3	Anna Nicole Rowe
2004	I	3k Walk	3	Emma Latham	2012	J	800m	3	Abigail Linney
2004	I	80mH	2	Victoria Garrad	2012	I	3k Walk	3	Danielle Oates

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GIRLS (cont'd)

2012	I	800m	3	Chelsea Jarvis	2018	J	CC	3	Faye O'Hare
2012	S	HEP	1	Danielle McGifford	2018	I	CC	1	Ella McNiven
2012	S	JT	3	Liane Bibby	2018	I	3000m	1	Ella McNiven
2012	S	LJ	1	Danielle McGifford	2018	I	HT	2	Zoe Price
2013	J	PEN	1	Anna Nicole Rowe	2019	I	200m	3	Neave McGhee
2013	J	800m	2	Anna Nicole Rowe	2019	I	HJ	3	Gabrielle O'Neil
2013	J	SP	3	Gemma Kinsley	2019	I	HT	1	Bekki Roche
2013	I	3k Walk	3	Rebecca Greatbatch	2021	I	1500m	1	Keira Brady-Jones
2013	I	1500m	1	Rosie Johnson	2022	J	PEN	1	Sadie Madigan
2013	I	3000m	3	Sophie Brennan	2022	I	300m	2	Niamh Le'Gall
2013	S	HEP	2	Danielle McGifford	2022	S	1500m	1	Keira Brady-Jones
2013	S	JT	3	Liane Bibby	2022	S	400m	1	Neave McGhee
2013	S	LJ	1	Danielle McGifford	2023	J	CC	1	Molly Carvell
2014	I	CC	3	Rosie Johnson	2023	I	300m	1	Niamh Le'Gall
2014	I	HEP	1	Anna Nicole Rowe	2023	S	1500mST	1	Gabrielle Phelan
2014	I	1500m	2	Rosie Johnson	2024	J	2k Walk	2	Sophie Davidson
2014	I	300m	2	Catherine Reid	2024	J	HJ	1=	Scarlet Grundy
2014	I	300m	3	Anna Nicole Rowe	2024	J	JT	3	Kristen Badrock
2014	I	4x100m	3	Merseyside	2024	J	PV	1=	Rebecca Miller
2014	S	5k Walk	3	Rebecca Greatbatch	2024	S	LJ	2	Kelsey-Lili Ogedengbe
2015	I	300mH	2	Anna Nicole Rowe	2025	J	HJ	2=	Abigail Hinds
2015	S	5k Walk	3	Rebecca Greatbatch	2025	J	JT	3	Kristen Badrock
2016	J	CC	3	Ella McNiven	2025	I	3k Walk	2	Sophie Davidson
2016	J	3k Walk	2	Alice Bellando	2025	I	1500mST	3	Isla Pastor
2016	J	SP	2	Bekki Roche	2025	I	HJ	1	Scarlet Grundy
2016	J	SP	3	Zoe Price	2026	J	800m	2	Eve Beddow
2016	I	3000m	1	Faye Ireland	2026	I	1500mST	3	Isla Pastor
2016	S	1500m	2	Sophie Tarver	2026	I	HJ	1	Scarlet Grundy
2016	S	400mH	1	Anna Nicole Rowe	2026	I	JT	2	Arwen Thorne
2017	J	SP	2	Bekki Roche	2026	U18	400mH	1	Renee Adams
2017	I	3000m	1	Ella McNiven	2026	S	1500m	2	Holly Cross

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BOYS

1975	J	800m	3	Dave Galvin	1986	S	2000mST	2	Phil Helm
1975	J	80mH	2	Bobby Hill	1987	J	1500m	1	Steve Johnson
1976	J	200m	1	Stuart Lawrenson	1987	J	80mH	2	David Brown
1976	J	4x100m	2	Merseyside	1987	J	HJ	1	Steve Smith
1976	J	80mH	3	Francis Guy	1987	I	400mH	3	Matthew Birchall
1976	J	TJ	2	Ian Morton	1987	I	SP	1	James Muirhead
1977	J	400m	3	Steve Springer	1988	I	OCT	2	Steve Rogers
1977	J	800m	2	Mark Cartledge	1988	I	5k Walk	2	Martin Young
1977	J	HT	1	David Roberts	1988	I	1500m	1	Steve Johnson
1977	S	2000mST	1	Sean Butler	1988	I	400mH	2	Matthew Birchall
1978	J	1500m	1	Paul Wynn	1988	I	HJ	2	Steve Smith
1978	J	200m	3	Greg Williams	1988	S	SP	2	James Muirhead
1978	I	1500m	2	David Hughes	1989	I	1500m	1	Steve Johnson
1978	I	200m	2	Stuart Lawrenson	1989	I	HJ	2	Steve Smith
1978	S	PV	3	Peter Nickson	1989	S	1500m	1	Curtis Robb
1979	I	400m	3	Paul Dunn	1989	S	400mH	1	Matthew Birchall
1979	I	800m	2	Paul Wynn	1989	S	SP	2	James Muirhead
1979	S	200m	3	Stuart Lawrenson	1990	I	800m	2	Paul Walker
1980	J	CC	2	Tim Larcombe	1990	I	SP	1	Bryan Kelly
1980	J	CC	3	Bernie Murphy	1990	S	10k Walk	1	Martin Young
1980	I	800m	2	Paul Wynn	1990	S	1500m	1	Curtis Robb
1980	S	1500m	2	David Hughes	1990	S	400mH	1	Matthew Birchall
1981	J	SP	3	Simon Orr	1990	S	HJ	2	Steve Smith
1982	J	1500m	2	Paul Rutherford	1991	J	JT	3	Stephen Cross
1982	J	PV	3	Stephen Downey	1991	I	SP	2	Darren Gallimore
1982	S	800m	2	Ikem Billy	1991	S	DT	2	Gareth Gilbert
1983	J	CC	1	Chris Teague	1991	S	HJ	2	Steve Smith
1983	J	CC	2	Mark Hunt	1991	S	SP	2	Bryan Kelly
1983	J	200m	3	Ian Goodall	1992	J	JT	2	Keith Goodwin
1983	S	800m	1	Ikem Billy	1992	J	SP	3	Paul Carroll
1984	J	1500m	3	Stephen Duffy	1992	I	1500m	2	Jan Staneke
1984	J	SP	2	James Muirhead	1992	S	3000m	3	Chris Yates
1984	S	10k Walk	1	Steve Partington	1992	S	800m	2	Paul Walker
1984	S	LJ	2	Lynton Boardman	1993	I	OCT	1	Paul Hourihan
1985	J	3k Walk	2	Martin Young	1994	J	100m	2	Paul Chantler
1985	S	1500m	2	John Robinson	1994	J	200m	1	Steven Daly
1985	S	800m	1	John Evans	1994	J	DT	1	Steven Stanford
1986	J	3k Walk	1	Martin Young	1994	J	HJ	2	Matthew Brereton
1986	J	HT	3	Tony Williams	1994	I	800m	3	Andrew Thomas
1986	J	PV	1	Mark Brunskill	1994	S	2000mST	1	Ben Reese
1986	J	SP	2	Gerard Clarke	1994	S	JT	3	Peter Johnson
1986	I	CC	3	Mark Hunt	1994	S	LJ	3	Jan Irving
1986	I	SP	2	Christopher Bailey	1995	J	400m	1	Ian Lowthian

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BOYS (cont'd)

1995	J	HT	3	David Jones	2000	I	TJ	2	Kevin Thompson
1995	I	100m	3=	Nick Long	2000	S	PV	2	Tim Holsgrove
1995	I	4x100m	1	Merseyside	2001	J	1500m	2	Tom Michaelson
1995	I	HJ	1	Danny Graham	2001	J	HT	1	Michael Bomba
1995	S	LJ	3	Jan Irving	2001	J	HT	2	Joe Connor
1996	J	PEN	1	Chris Jenkins	2001	I	800m	1	Michael Rimmer
1996	J	3k Walk	2	Stephen Carridge	2001	I	SP	1	Peter Cranfield
1996	J	400m	1	Paul Rawlinson	2001	S	PV	3	Olly Mahony
1996	J	LJ	1	Chris Jenkins	2001	S	TJ	2	Kevin Thompson
1996	I	100mH	1	David O'Leary	2002	J	400m	2	Andrew Kelly
1996	I	DT	1	Steven Stanford	2002	I	3000m	3	Keith Gerard
1996	I	SP	2	David Readle	2002	I	800m	1	Michael Rimmer
1996	S	HJ	2	Danny Graham	2002	I	HT	3	Michael Bomba
1997	J	200m	2	Ben Inatami	2002	S	5k Walk	1	Neil Bates
1997	J	400m	3	Brian McIlroy	2002	S	HJ	1	Martin Aram
1997	J	800m	2	Alex Spencer	2002	S	PV	2	Olly Mahony
1997	I	1500m	2	William Goudie	2002	S	TJ	1	Kevin Thompson
1997	I	1500mST	1	Jon Rice	2003	J	800m	2	Christopher Smith
1997	I	400m	3	Ian Tinsley	2003	I	5k Walk	3	Robert Moor
1997	S	100m	1	Steven Daly	2004	J	3k Walk	1	Callum Taylor
1997	S	100m	3	Nick Long	2004	I	1500mST	3	Michael Quarless
1997	S	400mH	3	Martin Thomas	2004	S	CC	3	Ben Jones
1997	S	DT	3	Steven Stanford	2004	S	HT	2	Michael Bomba
1997	S	HJ	3	Danny Graham	2004	S	JT	1	Ben Fisher
1997	S	SP	3	David Readle	2004	S	TJ	1	Graeme Matthews
1998	J	80mH	1	Minh Ho	2005	J	HT	1	Adam Reynolds
1998	J	DT	2	Simon Bulley	2005	I	HJ	2	Matthew Owens
1998	J	HJ	3	Jamie Creighton	2005	S	HT	3	Michael Bomba
1998	J	PV	3	Olly Mahony	2006	J	4x100m	3	Merseyside
1998	J	SP	2	Martin Aram	2006	J	80mH	1	Jack Meredith
1998	S	800m	3	Ian Tinsley	2006	J	LJ	2	Martyn Brown
1999	J	DT	2	Simon Bulley	2007	J	200m	2	James Armstrong
1999	J	HJ	3	Mark Latham	2007	J	4x100m	3	Merseyside
1999	J	SP	1	Tony Gallagher	2007	I	100mH	2	Jack Meredith
1999	I	100m	3	Ben Edward-Inatami	2007	I	400m	3	Harry Doran
1999	I	PV	3=	Tim Holsgrove	2007	I	HJ	2	Mike Ehlen
1999	S	400m	3	Ian Lowthian	2007	S	3000m	3	Craig Gunderson
1999	S	DT	3	Steven Stanford	2008	I	100mH	1	Jack Meredith
1999	S	HJ	3	Chris Giblin	2008	S	400m	1	James Hunter
2000	J	800m	1	Michael Rimmer	2008	S	400mH	3	John Croasdale
2000	J	HT	2	James Green	2008	S	LJ	2	Andrew Burgess
2000	I	5k Walk	3	Neil Bates	2009	J	3k Walk	3	James Green
2000	I	PV	2	Olly Mahony	2009	S	4x100m	3	Merseyside

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BOYS (cont'd)

2010	J	3k Walk	1	Alex Eaton	2015	J	3k Walk	2	Stephen Waddington
2010	J	200m	2	Michael Tapa	2015	I	5k Walk	2	Tom Partington
2010	J	4x100m	3	Merseyside	2015	I	HJ	2	Josh Hewett
2010	I	5k Walk	3	Adam Cowin	2016	J	3k Walk	1	Stephen Waddington
2010	I	400m	2	Alex Boyce	2016	J	PV	1	Glen Quayle
2010	I	HJ	2	Michael Hartley	2016	I	OCT	1	Josh Hewett
2010	S	110mH	1	Jack Meredith	2016	I	HJ	1	Josh Hewett
2010	S	4x100m	1	Merseyside	2016	I	HJ	2	Kia Finch
2010	S	LJ	2	Craig Jones	2016	S	5k Walk	1	Tom Partington
2011	I	CC	2	Matthew Shirling	2018	S	HJ	2	Kia Finch
2011	I	5k Walk	1	Alex Eaton	2018	S	HJ	3=	Steven Jones
2011	S	HJ	1	Michael Hartley	2019	J	TJ	2	Kresten Calvert
2011	S	LJ	2	Craig Jones	2019	I	100m	2	Henry Nwoke
2012	J	1500m	1	James Taylor	2019	I	400mH	3	Ethan Flaherty
2012	I	5k Walk	2	Alex Eaton	2019	I	800m	2	Charlie Roberts
2012	I	1500m	1	Matthew Shirling	2019	S	1500m	2	Daniel Preson
2012	S	5k Walk	2	Adam Cowin	2021	I	3000m	2	T.J. Jones
2012	S	400m	3	Alex Boyce	2021	S	400mH	2	Ethan Flaherty
2013	J	3k Walk	2	Tom Partington	2022	J	80mH	1	Lewis Shaw
2013	J	300m	1	Joseph Milton	2022	I	3000m	2	Liam McCay
2013	S	CC	1	Matthew Shirling	2022	S	LJ	3	Matthew Liu
2013	S	5k Walk	1	Alex Eaton	2023	S	3000m	3	Liam McCay
2014	J	PEN	1	Josh Hewett	2023	S	LJ	3	Matthew Liu
2014	J	HJ	1	Steven Jones	2024	I	100mH	1	Lewis Shaw
2014	J	HJ	2	Josh Hewett	2025	J	PEN	2	Jay Husain
2014	I	5k Walk	2	Tom Partington	2025	I	OCT	2	Edward Moore
2014	S	CC	1	Matthew Shirling	2026	U16	300mH	1	Jay Husain
2014	S	5k Walk	2	Alex Eaton	2026	S	100m	3	Alec Williamson
2014	S	2000mST	3	Daniel Jarvis	2026	S	1500m	2	Liam Johnson
2014	S	400m	3	Joseph Reid					

MERSEYSIDE – ESAA MEDALLISTS

MIXED RELAY

2026 S 4x100m 1 Merseyside

ESAA Championship performances are shown in the abbreviated format – *yyyy a eeee p* where :

yyyy Championship Year

a Age Group (I – Intermediate, J – Junior, S – Senior)

In 2026 the height of hurdles was changed for certain ages so Under-16 (U16), Under-18 (U18) and Under-19 (U19) races were held.

eeee Event (for example CC - Cross Country, OCT – Octathlon)

p Place achieved